

Coquitlam Crunch Challenge

Registration Fees

| 2024 Registration Fees | 2024 Start Time | Super Early Bird Jan 1- March 31 | Early Bird April 1- 28 | Regular April 29-June 1 |
|----------------------------|-----------------|-------------------------------------|---------------------------|----------------------------|
| Make it or Break it | 9:00 AM | | | |
| Individual | | \$30 | \$35 | \$45 |
| Team | | \$120 | \$140 | \$180 |
| *Max # 10 individuals | | | | |
| 8 Km Run | 9:00 AM | | | |
| Individual | | \$25 | \$30 | \$35 |
| Team. | | \$100 | \$120 | \$140 |
| *Max # 10 individuals | | | | |
| Stair Master | 8:00 AM | | | |
| Individual | | \$20 | 25 | \$30 |
| Team | | \$80 | \$100 | \$120 |
| *Max # 10 individuals | | | | |
| Recreational | 10:00 AM | | | |
| Individual | | \$20 | \$25 | \$30 |
| Team | | \$80 | \$100 | \$120 |
| *Max # 10 individuals | | | | |
| Family | | | | |
| *2 to 7 Family members | | \$30 | \$35 | \$45 |